

International Foot & Ankle Mega Course Arthroscopy, Fore-, Mid- and Hindfoot Surgery

Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

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| Faculty | Andreas Toepfer, MD Guillaume Cordier, MD Manuel Resende Sousa, MD Rhys Thomas, MD Stefan Hofstätter, MD Ahmad Malik, MD |
| Date | November 16-17, 2018 |
| Location | Arthrex GmbH Erwin-Hielscher-Str. 9 81249 Munich DE |

Program | Friday, November 16, 2018

| | | |
|---------------|---|--------------------------|
| 09:15 - 09:45 | Registration, Welcome, Coffee and Exhibition | Doctors' Lounge |
| 09:45 - 11:00 | Didactic Session 1 – Anterior Arthroscopy and Ankle Instability | |
| 15' | • Introduction and Company Presentation | C. Renner |
| 10' | • Orthobiologics at Arthrex | S. Schaumann |
| 10' | • Ankle Arthroscopy: Indications, Setup, Portals and Techniques (Anterior Decompression, Loosen Bodies, Synovitis and Talar Osteochondral Defect) | M. Resende Sousa |
| 10' | • Arthroscopic Lateral Ankle Repair Options (ArthroBrostrom®, Arthroscopic Brostrom and Arthroscopic Brostrom-Gould) | G. Cordier |
| 10' | • Arthroscopic Lateral Ankle Reconstruction (TightRope®, Tenodesis) | G. Cordier |
| 10' | • Posterior Arthroscopy: Indications, Setup, Portals and Techniques (Arthroscopic Os Trigonum Excision, Talocrural and Subtalar Fusion, Arthroscopic FHL-Transfer) | S. Hofstätter |
| 10' | Discussion | |
| 11:00 - 11:20 | Coffee Break | Doctors' Lounge |
| 11:20 - 13:15 | Wet Lab | |
| | • Anterior Arthroscopy, Anterior Decompression, Targeted Drilling, ArthroBrostrom®, Arthroscopic Brostrom and Arthroscopic Brostrom-Gould, Arthroscopic Ligament Reconstruction, Posterior Arthroscopy, Arthroscopic Talocrural and Subtalar Fusion, Arthroscopic FHL-Transfer, Orthobiologics at Arthrex | |
| 13:15 - 14:00 | Lunch Break | Arthrex Cafeteria |

ArthroLab™

Arthrex®

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| 13:15 - 14:00 | Lunch Break | Arthrex Cafeteria |
| 14:00 - 15:20 | Didactic Session 2 – Ankle Sports and Trauma Pathologies | |
| 10' | • Lateral Ankle Instability: Modified Brostrom Repair and <i>InternalBrace</i> ™ | R. Thomas |
| 10' | • Syndesmosis Injuries | R. Thomas |
| 10' | • Achilles Insertional Tendinopathy | A. Toepfer |
| 10' | • Achilles Tendon Percutaneous Midsubstance Repair | M. Resende Sousa |
| 10' | • Endoscopic Plantar Fascia Release and Gastroc Lengthening | C. Renner |
| 10' | • Overview of the Arthrex Foot Trauma Systems: 5 th Metatarsal Fractures, Calcaneal Fractures, Ankle Fractures | R. Thomas |
| 10' | • Surgical Outcomes System™ (SOS) | S. Henrich |
| 10' | Discussion | |
| 15:20 - 15:40 | Coffee Break | Doctors' Lounge |
| 15:40 - 18:00 | Wet Lab | |
| | • Modified Brostrom-Gould with <i>InternalBrace</i> ™, Lateral and Medial Ankle Reconstruction, Foot & Ankle Trauma, Syndesmosis TightRope®, Percutaneous Achilles Tendon Repair, Achilles Tendinopathy Treatment, Endoscopic Plantar Fascia / Gastroc Release, Ankle Fractures Solutions | |
| 18:00 - 18:15 | Meetingpoint at the Entrance of Arthrex | |
| 18:10 - 18:30 | Walk from Arthrex to the Restaurant “Aubinger Einkehr” | |
| 19:00 | Bavarian Dinner | |

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|---------------|---|-------------------|
| 08:30 - 09:00 | Coffee and Exhibition | Doctors' Lounge |
| 09:00 - 10:15 | Didactic Session 3 – Flatfoot Reconstruction Solutions | |
| 10' | • Pathophysiology of the Flatfoot | S. Hofstätter |
| 10' | • The Correction of Flatfoot by Subtalar Arthroereisis in Adolescents and Adults | A. Malik |
| 15' | • Osseous Corrections (Calcaneal Slide, Evans and Cotton Osteotomy) | A. Toepfer |
| 10' | • The Importance of the Spring Ligament Repair for Flatfoot Treatment: Combined FDL Transfer and Spring Ligament Augmentation | A. Toepfer |
| 10' | • Techniques and Implants for Ankle and Mid- and Hindfoot Fusion | A. Malik |
| 10' | • First experiences with a new Ankle Spacer Device | J. Mietzner |
| | Discussion | |
| 10:15 - 10:30 | Coffee Break | Doctors' Lounge |
| 10:30 - 12:15 | Wet Lab | |
| | • Arthroereisis, Calcaneal Osteotomy, Evans Osteotomy, FDL Transfer with Spring Ligament Augmentation, Cotton Osteotomy, Calcaneocuboidal Fusion, Medial Column Fusion, Ankle Arthrodesis, Ankle Hemiprosthesis | |
| 12:15 - 13:00 | Lunch Break | Arthrex Cafeteria |

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| 12:15 - 13:00 | Lunch Break | Arthrex Cafeteria |
| 13:00 - 14:10 | Didactic Session 4 – Treatment Options for Forefoot Pathologies | |
| 10' | • Basic Minimal Invasive Forefoot Surgery | G. Cordier |
| 10' | • Dorsomedial and Plantar Lapidus Procedure for Hallux Valgus Repair | A. Toepfer |
| 10' | • Double Osteotomy (Proximal Opening Wedge and Distal Reverdin-Green) | C. Renner |
| 10' | • Metatarso-Phalangeal Arthrodesis and Hemiarthroplasty | A. Toepfer |
| 10' | • Techniques for PIP-Fusion, Plantar Plate Repair and Toe Alignment Correction | S. Hofstätter |
| 10' | • Hallux Varus Repair | M. Resende Sousa |
| 10' | Discussion | |
| 14:10 - 14:40 | Coffee Break | Doctors' Lounge |
| 14:40 - 16:30 | Wet Lab | |
| | • MIS, Phalanx Arthrodesis, Chevron Osteotomy, Scarf / Akin Osteotomy, Metatarso-Phalangeal Fusion and Hemiprosthesis, Hammertoe, Plantar Plate Repair, Hallux Varus with Mini TightRope®, Hallux Varus InternalBrace™ Ligament Augmentation Repair, Lapidus combined with 1.1 mm TightRope®, Low Profile Opening Wedge | |
| 16:30 | End of Course | |