

# ECVS Residents Arthroscopy Course Level I

Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

Speakers	Peter Böttcher   Richard Whitelock   Rob Pettitt
Date	March 11 - 12, 2019
Location	Arthrex GmbH   Erwin-Hielscher-Str. 9   81249 Munich   DE

## Program | Monday, March 11, 2019

<b>07:45 - 17:30</b>	<b>ECVS Residents Arthroscopy Course Level I</b>	
<b>07:45 - 08:15</b>	<b>Registration &amp; Coffee</b>	<b>Doctors' Lounge</b>
08:15 - 08:30	Welcome at Arthrex Introductions - Faculty, Staff & Residents	
08:30 - 09:30	Principles of Arthroscopy <ul style="list-style-type: none"> <li>• Equipment</li> <li>• Portal Placement &amp; Fluid Management</li> <li>• Triangulation Techniques</li> </ul>	
09:30 - 10:30	DryLab Session <ul style="list-style-type: none"> <li>• Lab Exercise 1: Pepper Exploration</li> <li>• Lab Exercise 2: ArthroBox™ - Triangulation Exercises</li> <li>• Lab Exercise 3: ArthroBox™ - Advanced Exercises</li> </ul>	
10:30 - 11:00	<b>Coffee Break</b>	<b>Doctors' Lounge</b>
11:00 - 11:45	Principles & Techniques of Elbow Arthroscopy <ul style="list-style-type: none"> <li>• OR Setup, Draping, Patient Position, Portal Placement and Equipment</li> <li>• Arthroscopic Anatomy and Joint Exploration</li> </ul>	
11:45 - 12:30	Operative Elbow Arthroscopy <ul style="list-style-type: none"> <li>• Indications for Elbow Arthroscopy</li> <li>• Techniques for Fragmented Coronoid Removal, OCD Flap Removal</li> <li>• Medial Elbow Arthrotomy</li> </ul>	
<b>12:30 - 13:30</b>	<b>Lunch Break</b>	<b>Arthrex Cafeteria</b>
13:30 - 16:00	WetLab Session - Elbow <ul style="list-style-type: none"> <li>• Portal Placement and Joint Exploration</li> <li>• Coronoid Fragment Removal</li> <li>• OCD Flap Removal</li> <li>• Medial Elbow Arthrotomy</li> </ul>	
16:00 - 16:30	<b>Coffee Break</b>	<b>Doctors' Lounge</b>
16:30 - 17:30	Case Discussion Elbow and Wrap-Up	
<b>17:30</b>	<b>End of Day 1</b>	
<b>19:00</b>	<b>Dinner</b>	

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## Program | Tuesday, March 12, 2019

<b>08:00 - 16:30</b>	<b>ECVS Residents Arthroscopy Course Level I</b>	
<b>08:00 - 08:30</b>	<b>Welcome &amp; Coffee</b>	<b>Doctors' Lounge</b>
08:30 - 09:00	Summary: What Did We Learn From Yesterday?	
09:00 - 09:45	Arthroscopy of the Shoulder <ul style="list-style-type: none"> <li>• OR Setup, Draping, Patient Position, Portal Placement</li> <li>• Arthroscopic Anatomy, Joint Exploration and Shoulder Arthrotomies</li> </ul>	
09:45 - 10:15	Operative Shoulder Arthroscopy <ul style="list-style-type: none"> <li>• Indications and Work Up</li> <li>• Techniques for OCD Flap Removal, Biceps Tenotomy</li> <li>• Arthrotomy</li> </ul>	
10:15 - 10:30	<b>Coffee Break</b>	<b>Doctors' Lounge</b>
10:30 - 12:30	WetLab Session - Shoulder <ul style="list-style-type: none"> <li>• Portal Placement</li> <li>• Joint Exploration</li> <li>• Arthrotomy</li> </ul>	
<b>12:30 - 13:30</b>	<b>Lunch Break</b>	<b>Arthrex Cafeteria</b>
13:30 - 14:00	Case Discussion	
14:00 - 16:00	WetLab Session -Shoulder/Elbow <ul style="list-style-type: none"> <li>• OCD Flap Removal</li> <li>• Biceps Tenotomy</li> <li>• Shoulder Arthrotomy</li> <li>• Elbow Arthrotomy</li> </ul>	
16:00 - 16:30	Discussion and Debrief	
<b>16:30</b>	<b>End of Course</b>	