

# International Hip Arthroscopy Course Level I

Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

Faculty	Jacek Mazek, MD   Alberto Costantini, MD   Michael Wettstein, MD   Dirk Schemmann
Date	Monday, November 26, 2018
Location	Arthrex GmbH   Erwin-Hielscher-Str. 9   81249 Munich   DE

## Program | Monday, November 26, 2018

<b>08:15 - 08:30</b>	<b>Registration</b>	
<b>08:30 - 09:45</b> 15' + 5' 15' + 5' 30' + 5'	<b>Presentations</b> <ul style="list-style-type: none"> <li>Anatomy of the Hip</li> <li>Imaging Evaluation</li> <li>Patient Set-up, Portal Placement &amp; Landmarks (Central Approach)</li> </ul>	<b>Main Audit I</b> A. Costantini D. Schemmann J. Mazek
<b>09:45 - 10:00</b>	<b>Dry Lab Live Demo on Sawbone</b> <ul style="list-style-type: none"> <li>Landmarks, Portal Placement and Joint Access in Hip Arthroscopy</li> </ul>	<b>ArthroLab™</b> M. Wettstein
<b>10:00 - 10:15</b>	<b>Coffee Break</b>	<b>Doctors' Lounge</b>
<b>10:15 - 12:30</b>	<b>Dry Lab &amp; Wet Lab</b> <ul style="list-style-type: none"> <li>Landmarks and Portal Placement (Central Approach)</li> <li>First Arthroscopic Look &amp; Interchanging Portals</li> <li>Loosen Body Removal, Labral Debridement and Refixation</li> </ul> <i>Parallel:</i> Landmarks and Portal Placement on Specimen	
<b>12:30 - 13:15</b>	<b>Lunch Break</b>	<b>Arthrex Cafeteria</b>
<b>13:15 - 14:00</b> 15' + 5' 15' 10'	<b>Presentations</b> <ul style="list-style-type: none"> <li>Indications and Patient Selection</li> <li>Complications in Hip Arthroscopy</li> <li>Discussion &amp; Tasks for WetLab Session</li> </ul>	<b>Main Audit I</b> A. Costantini M. Wettstein
<b>14:00 - 16:00</b>	<b>Wet Lab</b> <ul style="list-style-type: none"> <li>First Look &amp; Anatomy (Identify Structures) / Interchanging Portals</li> <li>Capsulotomy of the Hip Joint &amp; Lig. Teres Resection</li> <li>Synovectomy and Loose Body Removal</li> </ul>	<b>ArthroLab™</b>
<b>16:00</b>	<b>End of Course / Hand out of Certificates</b>	