The only 2-injection regimen in the US approved for the treatment of osteoarthritis knee pain.

Innovative Relief Times 2
Your family history, age, weight, and any knee injuries you may have had can all play a role in developing osteoarthritis of the knee.

Your doctor has recommended HYMOVIS® (High Molecular Weight Viscoelastic Hyaluronan) therapy for your osteoarthritis (OA) knee pain. This guide is intended to provide answers to questions you may have about your HYMOVIS treatment.

Please make sure to read the following important information carefully. This information does not take the place of your doctor’s advice. If you do not understand this information or want to know more, ask your doctor.

**What is OA of the knee?**

OA is a common condition that causes joints to become stiff and painful. Millions of people have this condition,¹ so if you have been diagnosed with it, you are not alone!

OA occurs when the smooth cartilage that covers and protects the ends of your bones breaks down. In severe cases, your cartilage thins so much that your bones may begin to rub against each other. The lubricating ability of the natural fluid in your knee diminishes, and the cartilage no longer cushions the joint as well as it once did.¹ This results in stiffness, swelling, and pain that can make walking difficult.
What other treatments are available for OA?

Only your doctor can treat your OA and will recommend different treatment paths after the severity of your OA is identified. The treatment options will be presented to you according to your medical history, OA severity, and the level of your disability. Please talk with your doctor at length to determine the best treatment option for your condition. If you have pain due to OA of the knee, there are treatments that do not involve injections of HYMOVIS into the joint. These include:

**Non-drug treatments:**

- Avoiding activities that cause pain in your knee
- Physical therapy
- Removal of excess fluid from the knee
- Weight loss

**Drug therapy:**

- Pain medication such as acetaminophen and prescription opioids
- Drugs that reduce inflammation, such as aspirin and other nonsteroidal anti-inflammatory agents (NSAIDs, such as ibuprofen and naproxen)
- Corticosteroids that are injected directly into the knee joint
What should I expect from HYMOVIS® treatment?
HYMOVIS is intended to provide relief from your OA knee pain when simple painkillers, exercise, or physical therapy have failed to give you adequate pain relief. HYMOVIS, an FDA-approved hyaluronan-based visco-supplement, is a thick gel injection, that acts like a lubricant and shock absorber in the knee joint. For many patients HYMOVIS injections may provide up to 6 months of relief from OA knee pain.²⁴

How is the HYMOVIS therapy given?
Your doctor will inject HYMOVIS into your knee.⁴

How many injections will I receive?
HYMOVIS will be administered in a convenient 2-injection regimen, with each injection given 1 week apart.²⁴

How soon will I get pain relief from HYMOVIS?
Pain relief varies from patient to patient and may depend on the severity of your disease and the intensity of your pain.² Speak with your doctor about your concerns and expectations about HYMOVIS. Prior to administering this product, detailed instructions on the use and limitations of HYMOVIS should be given to you by your doctor as patient conditions can affect results and outcomes.
Can I repeat my treatment with HYMOVIS®?
HYMOVIS therapy can be safely repeated if your doctor feels it is appropriate.² Please consult with your doctor to find out whether you can benefit from repeat treatment and when your next cycle of HYMOVIS can be initiated.

Can I continue taking other medications when I am being treated with HYMOVIS?
HYMOVIS has no known drug interactions.² ³ However, you should consult with your doctor before taking any other medications while on HYMOVIS treatment.

What do I need to do after receiving a HYMOVIS injection?
It is recommended you avoid strenuous activities, such as high-impact sports (tennis or jogging) or prolonged weight-bearing activities (standing), for approximately 48 hours following the injection. You should speak with your doctor regarding the appropriate time to resume such activities. ⁴
The unique features of HYMOVIS® give it special lubricating properties that allow for the reduction of friction between joint surfaces.⁵

The lower the friction coefficient, the better the lubricant.

**What are the possible side effects of HYMOVIS therapy?**

Some side effects (also called reactions) may occur with HYMOVIS treatment.⁴ Symptoms such as knee pain, inflammation, reddening, and swelling may appear at the injection site. The occurrence of knee pain after the injection in a clinical study of HYMOVIS was almost the same as for patients receiving saline.⁴ Temporary increases in inflammation (redness and swelling) following injections have occurred in some patients with inflammatory joint conditions.⁴ If any of these symptoms appear after you received HYMOVIS, you should call your doctor. Please be aware that injection and recovery protocol may vary and any questions pertaining to the surgical procedure or postoperative protocol should be discussed with your doctor.

**References**

2. HYMOVIS® [prescribing information], Fidia Farmaceutici S.p.A., Italy.
3. HYMOVIS®, data on file, Fidia Farmaceutici S.p.A., Italy.
4. HYMOVIS® [patient information], Fidia Farmaceutici S.p.A., Italy.
**Indication**
HYMOVIS® is used to relieve knee pain caused by OA. It is intended for patients who do not get adequate pain relief from simple pain relievers like acetaminophen or from exercise and physical therapy.

**Important Safety Information**
Before receiving HYMOVIS, tell your doctor if you are allergic to hyaluronan products, have an allergy to gram-positive bacterial proteins, or have an infection/skin disease in the area of the injection site.

HYMOVIS is not approved for relieving pain in other joints besides the knee, for injection with other substances in your knee joint, or for children (<21 years of age). Injections must only be given by trained and licensed healthcare professionals.

HYMOVIS has not been tested in pregnant or nursing women. Tell your doctor if you think you are pregnant or if you are nursing a child.

Talk to your doctor before resuming strenuous or prolonged weight-bearing activities after treatment.

The effectiveness of repeat treatment cycles of HYMOVIS has not been established.

The side effects most commonly seen after injection into the knee joint are knee pain, discomfort, swelling, stiffness, and itching at the injection site. These reactions are generally mild and do not last long. If any of these symptoms or signs appears after you are injected, or if you have any other problems, contact your doctor.

**Rx Only**
HYMOVIS® (High Molecular Weight Viscoelastic Hyaluronan)
Recommended by your doctor for your osteoarthritis knee pain.

Please visit www.Hymovis.com for full prescribing information including indications, contraindications, warnings, precautions, and possible side effects.

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