When You Treat Hand and Wrist... 

...Think Arthrex
Hand and Wrist Anchors

Innovation in Strength, Suture, and Knotless Technology

- Higher pull-out strength compared to competitors
- Corkscrew® and SutureTak® anchors are preloaded with 4-0, 3-0, and 2-0 FiberWire® suture
- PushLock® and SwiveLock® suture anchors can be used in conjunction with FiberWire or SutureTape suture
- Knotless repair with the Mini PushLock or DX SwiveLock™ SL anchors
- Titanium, PEEK, or biocomposite material

<table>
<thead>
<tr>
<th>Model</th>
<th>Description</th>
<th>Dimensions</th>
</tr>
</thead>
<tbody>
<tr>
<td>AR-1317FT</td>
<td>Nano Corkscrew FT Anchor</td>
<td>1.7 mm x 5 mm</td>
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<tr>
<td>AR-1318FT-40</td>
<td>Micro Corkscrew FT Anchor</td>
<td>2.2 mm x 4 mm</td>
</tr>
<tr>
<td>AR-1322-752SF</td>
<td>Small Bone FASTak™ Anchor</td>
<td>2.4 mm x 7.5 mm</td>
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<tr>
<td>AR-8825BC</td>
<td>Mini BioComposite PushLock Anchor</td>
<td>2.5 mm x 8 mm</td>
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<tr>
<td>AR-8825P</td>
<td>Mini PEEK PushLock Anchor</td>
<td>2.5 mm x 8 mm</td>
</tr>
<tr>
<td>AR-8978P</td>
<td>DX SwiveLock SL Anchor</td>
<td>3.5 mm x 8.5 mm</td>
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Pull-Out Strength
FiberWire® Suture Anchors

* QuickAnchor, Ethibond, MicroFix, and MiniLok are trademarks and registered trademarks of Johnson & Johnson Corp.
When comparing 4-0 FiberWire® suture to 4-0 and 3-0 Ethibond, FiberWire suture had significantly higher knot pull strength. When comparing 4-0 FiberWire suture to 4-0 and 3-0 Ethibond, FiberWire suture had significantly lower percentage of elongation at yield load.
DX SwiveLock® SL

InternalBrace™ Ligament Augmentation – Protect Your Soft-Tissue Repairs and Reconstructions

Select Indications, Including

- Dorsal and interosseous scapholunate reconstruction
- Thumb UCL repair and reconstruction
- CMC suspensionplasty

Knotless SwiveLock® Technology Coupled With SutureTape and FiberWire® Suture

- Strong, knotless fixation
- Forked eyelet facilitates graft insertion into blind tunnel

Thumb UCL Repair

Thumb CMC Suspensionplasty

All-Dorsal Scapholunate Reconstruction

DX SwiveLock With Forked Eyelet
All-Dorsal Scapholunate Reconstruction With InternalBrace Ligament Augmentation

Interosseous Scapholunate Reconstruction With InternalBrace Ligament Augmentation

APL Suspensionplasty With InternalBrace Ligament Augmentation

Thumb UCL Repair With InternalBrace Ligament Augmentation
CMC Mini TightRope® Implant

Thumb CMC Suspensionplasty
- May allow earlier rehabilitation
- Maintains trapezial space
- Solid and stable suspensionplasty
- Allows flexible suture-based fixation

Post-op Protocol
Follow up with hand therapy at 10 to 14 days. Provide a thermoplastic, hand-based thumb spica splint to be worn for lifting >5 lb and for sleep. Otherwise allow partial mobilization of up to 50% of grip power between 2 and 6 weeks. Increase mobilization steadily and advance to strengthening as tolerated until week 12.

Nitinol loop of 1.1 mm suture-passing K-wire
Mini TightRope® repair kit – AR-8919DS
Centerline™
Endoscopic Carpal Tunnel Release System

- Simple handling – minimally invasive – safe method
- Good view of anatomical structures
- Faster rehabilitation
- More ergonomic for a controlled release

Post-op Protocol
Clinical data supports an earlier return to normal activities of up to 50% over open procedures for carpal tunnel release.
Compression FT Screws and Headless Compression PT Screws

Compression FT Screws
■ Variable-stepped thread pitch – Gradually compresses the fragments as the screw is advanced
■ Headless – Minimal risk of impingement or soft-tissue irritation
■ Cannulated – Assists in accurate placement for both percutaneous and open indications
■ Improved torque transmission – Hexalobe recess in 3.5 and 4.0 Compression FT Screws

Headless Compression PT Screws
■ Titanium
■ Cannulated
■ Hexalobe drivers
■ Self-drilling and self-tapping
■ Color-coded instruments
Wrist Plating System
Volar Distal Radius Plate

- Two dedicated radial styloid screws
- Graft window for fragment manipulation and bone grafting
- Extended slotted hole for plate positioning
- K-wires mimic screw trajectory to assess position relative to the joint
- Contoured for tendon safety
- Multiple fixed and variable angle screw options are available
- Dedicated ulnar fragment support
- Locking and nonlocking options in shaft
Fragment-Specific Plates

- Ulnar styloid plate
- Volar hook plate
- Dorsal distal radius plate
- Dorsal L-plate
- Radial styloid plate
- Spanning plate
Wrist Drill Guide
for Reliable and Reproducible Wire Placement

- Specifically designed for TFCC foveal repair
- Different drill guides allow a variety of surgical techniques
- Thumb CMC suspensionplasty, SL repair, and cannulated screw placement
References