

International Foot & Ankle Mega Course Arthroscopy, Fore-, Mid- and Hindfoot Surgery

Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

Faculty	Xavier Martin Oliva, MD Peter Bock, MD Hans-Jörg Trnka, Prof. Christian Kinast, MD Stefaan Verfaillie, MD Ronny Lopes, MD Saulius Lapinskas, MD Kay-Uwe Hoffmann, MD
Date	October 12-13, 2018
Location	Arthrex GmbH Erwin-Hielscher-Str. 9 81249 Munich DE

Program | Friday, October 12, 2018

09:15 - 09:45	Registration, Welcome, Coffee and Exhibition	Doctors' Lounge
09:45 - 11:00	Didactic Session 1 – Anterior Arthroscopy and Ankle Instability <ul style="list-style-type: none"> • Introduction and Company Presentation • Orthobiologics at Arthrex • Ankle Arthroscopy: Indications, Setup, Portals and Techniques (Anterior Decompression, Loosen Bodies, Synovitis and Talar Osteochondral Defect) • Arthroscopic Lateral Ankle Repair Options (ArthroBrostrom®, Arthroscopic Brostrom and Arthroscopic Brostrom-Gould) • Arthroscopic Lateral Ankle Reconstruction (TightRope®, Tenodesis) • Posterior Arthroscopy: Indications, Setup, Portals and Techniques (Arthroscopic Os Trigonum Excision, Talocrural and Subtalar Fusion) 	J. Mietzner S. Schaumann S. Verfaillie R. Lopes R. Lopes X. Martin Oliva
11:00 - 11:20	Coffee Break	Doctors' Lounge
11:20 - 13:15	Wet Lab <ul style="list-style-type: none"> • Anterior Arthroscopy, Anterior Decompression, Targeted Drilling, ArthroBrostrom®, Arthroscopic Brostrom and Arthroscopic Brostrom-Gould , Arthroscopic Ligament Reconstruction, Posterior Arthroscopy, Arthroscopic Talocrural and Subtalar Fusion, Arthroscopic FHL-Transfer, Orthobiologics at Arthrex 	
13:15 - 14:00	Lunch Break	Arthrex Cafeteria

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13:15 - 14:00	Lunch Break	Arthrex Cafeteria
14:00 - 15:20	Didactic Session 2 – Flatfoot Reconstruction Solutions	
10'	• Lateral Ankle Instability: Modified Brostrom Repair and InternalBrace™	S. Verfaillie
10'	• Syndesmosis Injuries	S. Lapinskas
10'	• Achilles Insertional Tendinopathy	H.-J. Trnka
10'	• Achilles Tendon Percutaneous Midsubstance Repair	R. Lopes
10'	• Endoscopic Plantar Fascia Release and Gastroc Lengthening	J. Mietzner
10'	• Overview of the Arthrex Foot Trauma Systems: 5th Metatarsal Fractures, Calcaneal Fractures, Ankle Fractures	X. Martin Oliva
10'	• Surgical Outcomes System™ (SOS)	S. Henrich
10'	Discussion	
15:20 - 15:40	Coffee Break	Doctors' Lounge
15:40 - 18:00	Wet Lab	
	• Modified Brostrom-Gould with InternalBrace™, Lateral and Medial Ankle Reconstruction, Foot & Ankle Trauma, Syndesmosis TightRope®, Percutaneous Achilles Tendon Repair, Achilles Tendinopathy Treatment, Endoscopic Plantar Fascia / Gastroc Release, Ankle Fractures Solutions	
18:00 - 18:10	Shuttle to the Bavaria Motel	
18:10 - 18:20	Shuttle from the Bavaria Motel to the Restaurant "Aubinger Einkehr"	
19:00	Bavarian Dinner	

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08:30 - 09:00	Coffee and Exhibition	Doctors' Lounge
09:00 - 10:15	Didactic Session 3 – Treatment for Forefoot Pathologies	
10'	• Pathophysiology of the Flatfoot	P. Bock
10'	• The Correction of Flatfoot by Subtalar Arthroereisis in Adolescents and Adults	H.-J. Trnka
15'	• Osseous Corrections (Calcaneal Slide, Evans and Cotton Osteotomy)	S. Lapinskas
10'	• The Importance of the Spring Ligament Repair for Flatfoot Treatment: Combined FDL Transfer and Spring Ligament Augmentation	S. Verfaillie
10'	• Techniques and Implants for Ankle and Mid- and Hindfoot Fusion	H.-J. Trnka
10'	• First experiences with a new Ankle Spacer Device	J. Mietzner
10'	Discussion	
10:15 - 10:30	Coffee Break	Doctors' Lounge
10:30 - 12:15	Wet Lab	
	• Arthroereisis, Calcaneal Osteotomy, Evans Osteotomy, FDL Transfer with Spring Ligament Augmentation, Cotton Osteotomy, Calcaneocuboidal Fusion, Medial Column Fusion, Ankle Arthrodesis, Ankle Hemiprosthesis	
12:15 - 13:00	Lunch Break	Arthrex Cafeteria

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12:15 - 13:00	Lunch Break	Arthrex Cafeteria
13:00 - 14:10	Didactic Session 4 – Ankle Sports and Trauma Pathologies	
10'	• Basic Minimal Invasive Forefoot Surgery	P. Bock
10'	• Dorsomedial and Plantar Lapidus Procedure for Hallux Valgus Repair	Ch. Kinast
10'	• Double Osteotomy (Proximal Opening Wedge and Distal Reverdin-Green)	H.-J. Trnka
10'	• Metatarso-Phalangeal Arthrodesis and Hemiarthroplasty	H.-J. Trnka
10'	• Techniques for PIP-Fusion, Plantar Plate Repair and Toe Alignment Correction	P. Bock
10'	• Hallux Varus Repair	Ch. Kinast
10'	Discussion	
14:10 - 14:40	Coffee Break	Doctors' Lounge
14:40 - 16:30	Wet Lab	
	• Modified Brostrom-Gould with <i>InternalBrace</i> [™] , Lateral and Medial Ankle Reconstruction, Ankle Fracture Set, Syndesmosis TightRope [®] , 5 th Metatarsal Fracture, Percutaneous Achilles Tendon Repair, Achilles Tendinopathy Treatment, Endoscopic Plantar Fascia Release, Endoscopic Gastroc Release, ACP	
16:30	End of Course	