Advanced Techniques for Ankle & Achilles Repair
Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

Instructors
Prof. Hajo Thermann, MD | Jordi Vega, MD | Mike Carmont, MD | Christoph Becher, MD | Andreas Toepfer, MD

Date
December 7 - 8, 2018

Location
Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

Program | Friday, December 7, 2018

08:00 - 08:30 Registration, Welcome & Coffee
Doctors' Lounge

08:30 - 08:40 Introduction and Company Presentation
J. Mietzner (Arthrex)

08:40 - 09:45 Lecture Session 1: Ankle Arthroscopy – Anterior and Posterior
08:40 - 08:50 Anterior Ankle Arthroscopy – Indications, Setup, Ports, Standard Diagnostics
J. Vega
08:50 - 09:00 Osteochondral Defects
H. Thermann
09:00 - 09:10 Arthroscopic Lateral Ankle Repair
J. Vega
09:10 - 09:20 Arthroscopic Ankle Fusion
H. Thermann
09:20 - 09:30 Posterior Ankle Arthroscopy – Indications, Setup, Ports, Standard Diagnostics
C. Becher
09:30 - 09:45 Subtalar Joint Fusion & Cartilage Repair
H. Thermann

09:45 - 10:00 Coffee Break
Doctors' Lounge

10:00 - 12:30 Wet Lab - Anterior and Posterior Ankle Arthroscopy

12:30 - 13:00 Lunch Break
Arthrex Cafeteria

13:00 - 14:40 Lecture Session 2: Achilles Tendon Pathologies
13:00 - 13:10 Anatomy, Biomechanics, Epidemiology and Natural History
C. Becher
13:10 - 13:20 Clinic and Diagnosis, Conservative Treatment
C. Becher
13:20 - 13:30 Endoscopic & Minimal Invasive Treatment – Midportion
H. Thermann
13:30 - 13:40 Achilles Insertional Tendinopathy
A. Toepfer
13:40 - 13:50 Product Update Orthobiologics
N. Schiffer (Arthrex)
13:50 - 14:00 Biological Supplements for Tendon Healing (Achilles Tendon Rupture)
H. Thermann
14:00 - 14:10 Achilles Tendon Percutaneous Midsubstance Repair (Delayed Reconstruction / Infection)
H. Thermann
14:10 - 14:30 FHL Tendon Transfer
J. Vega
14:30 - 14:40 Discussion

14:40 - 15:00 Coffee Break
Doctors' Lounge

15:00 - 17:15 Wet Lab - Achilles Tendon

17:30 Shuttle from Arthrex to Restaurant „Deutsche Eiche“

18:00 Bavarian Dinner

21:30 Shuttle from Restaurant to Bavaria Motel
Advanced Techniques for Ankle & Achilles Repair
Arthrex GmbH I Erwin-Hielscher-Str. 9 I 81249 Munich I DE

Program I Saturday, December 8, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:30 - 09:00</td>
<td>Exhibition &amp; Coffee</td>
<td>Doctors' Lounge</td>
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<tr>
<td>09:00 - 10:00</td>
<td>Lecture Session 3: Ankle Instability and Ankle Reconstruction</td>
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<td>09:00 - 09:10</td>
<td>Lateral Ankle Instability – Modified Brostrom and Augmentation</td>
<td>M. Carmont</td>
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<td>09:10 - 09:20</td>
<td>Lateral Ankle Reconstruction</td>
<td>C. Becher</td>
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<td>09:20 - 09:30</td>
<td>Medial Ankle Reconstruction (Deltoid Reconstruction)</td>
<td>H. Thermann</td>
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<td>09:30 - 09:40</td>
<td>Syndesmosis Injuries</td>
<td>C. Becher</td>
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<td>09:40 - 09:50</td>
<td>Calcaneal Sliding Osteotomy</td>
<td>A. Toepfer</td>
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<td>09:50 - 10:00</td>
<td>Supramalleolar Osteotomy</td>
<td>H. Thermann</td>
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<td>10:00 - 10:20</td>
<td>Coffee Break</td>
<td>Doctors' Lounge</td>
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<td>10:20 - 12:15</td>
<td>Wet Lab - Ankle Instability and Ankle Reconstruction</td>
<td>Arthrex Cafeteria</td>
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<td>12:15 - 12:45</td>
<td>Lunch Break</td>
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<td>12:45 - 13:50</td>
<td>Lecture Session 4: Flatfoot Reconstruction Solutions</td>
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<td>12:45 - 13:00</td>
<td>Pathophysiology of the Flatfoot</td>
<td>A. Toepfer</td>
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<td>13:00 - 13:15</td>
<td>The Correction of Flatfoot by Subtalar Arthroereisis in Adolescents and Adults</td>
<td>A. Toepfer</td>
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<td>13:25 - 13:40</td>
<td>FDL Transfer and Spring Ligament Repair</td>
<td>A. Toepfer</td>
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<td>13:40 - 13:50</td>
<td>Cotton and Lapidus Osteotomy</td>
<td>M. Carmont</td>
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<td>13:50 - 14:00</td>
<td>Discussion and closure</td>
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<td>14:00 - 14:15</td>
<td>Coffee Break</td>
<td>Doctors' Lounge</td>
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<td>14:15 - 16:30</td>
<td>Wet Lab - Flatfoot Reconstruction Solutions</td>
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<td>16:30</td>
<td>End of Course</td>
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